

LHR COVID RESPONSE AND RESTRICTIONS

All 15 counties in LHR are under a Stay at Home Order through May 8. Stay home as much as possible. Freedom of travel remains, but please refrain from non-essential travel. Essential travel includes things like commuting to an essential job, picking up supplies like groceries and medicine, and checking on family and pets in other households. Do not host or attend gatherings.

LHR will use the Governor's three-phase matrix to determine when LHR assets are ready to begin easing social interactions.

LHR encourages outdoor activities using the guidelines below.

- Only recreate outdoors with people who live in your household – not in groups.
- Spread out – if the parking lot or the trailhead is crowded, find another location or go at a less busy time of day.
- Always wear a face mask while in public.
- Do not use playgrounds. They are risky because of their high-touch nature, and they are not cleaned regularly.
- Follow rules for your safety and do not take unnecessary risks
- Maintain at least six feet from other individuals.
- Do not hike or recreate in groups – go with those under the same roof and adhere to social distancing (stay 6 feet apart).
- Take hand sanitizer with you and use it regularly.
- Avoid touching your face, eyes, and nose.
- Cover your nose and mouth when coughing and sneezing with a tissue or flexed elbow.
- If you are sick, stay home

For the most up-to-date, reliable information, refer to the Commonwealth of Pennsylvania's website for Responding to COVID-19 in Pennsylvania.

<https://www.pa.gov/guides/responding-to-covid-19/>

For information about state parks and forests, visit the Department of Conservation and Natural Resources website. <https://www.dcnr.pa.gov/Pages/AlertDetails.aspx>

LHR COVID RESPONSE AND RESTRICTIONS

County	Region	Phase
Cambria	NW	
Cameron	NW	
Centre	NC	
Clarion	NW	
Clearfield	NW	
Clinton	NC	
Elk	NW	
Forest	NW	
Indiana	SW	
Jefferson	NW	
Lycoming	NC	
Mckean	NW	
Potter	NC	
Tioga	NC	
Warren	NW	

Red Phase

Social Restrictions

- Stay at Home Orders in Place
- Large Gatherings Prohibited
- Restaurants and Bars Limited to Carry-Out and Delivery Only
- Only Travel for Life-Sustaining Purposes Encouraged
- Reiterate and reinforce safety guidance for businesses, workers, individuals, facilities, update if necessary
- Monitor public health indicators, adjust orders and restrictions as necessary

Yellow Phase

Social Restrictions

- Stay at Home Restrictions Lifted in Favor of Aggressive Mitigation
- Large Gatherings of More than 25 Prohibited
- In-Person Retail Allowable, Curbside and Delivery Preferable
- Indoor Recreation, Health and Wellness Facilities (such as gyms, spas), and all Entertainment (such as casinos, theaters) Remain Closed
- Restaurants and Bars Limited to Carry-Out and Delivery Only
- All businesses must follow CDC and DOH guidance for social distancing and cleaning
- Monitor public health indicators, adjust orders and restrictions as necessary

Green Phase

Social Restrictions

- Aggressive Mitigation Orders Lifted
- All Individuals Must Follow CDC and PA Department of Health Guidelines
- Monitor public health indicators, adjust orders and restrictions as necessary